NURS

PRE-NURSING

COLLEGE OF NURSING

ABOUT THE MAJOR

A nursing graduate works with a wide variety of people, including patients and their families, physicians, fellow nurses, & other health care professionals. In order to be an effective nurse, communication, confidence, interpersonal skills, and independence are essential. While nurses work in a team, they also work independently to meet patient needs. Nursing graduates should be quick-thinking and efficient as nurses meet complex and sometimes emergency care situations at a moment's notice. Nursing graduates must also be flexible in a variety of settings to troubleshoot unexpected situations & make decisions.

Students who enter into the BS in Nursing program will enter an active learning community. The Nursing program integrates evidence-based practices, leadership, professionalism, health, quality, & safety into the curriculum. We provide learning experiences in maternal & infant care, acue & chronic care, care transitions, population, community & global health, healthcare disparities & social determinants of care, & health policy &advocacy. Nurses with a baccalaureate degree are more productive, report higher levels of job satisfaction, and participate more readily in quality improvement efforts. Research indicates better outcomes for inpatients with severe mental illnesses, lower failure-to-rescue rates for surgical patients, and fewer hospital deaths.

LEARNING OUTCOMES

- Deliver safe, evidence-based, & patient-centered nursing care.
- Advocate for the well-being of patients and the profession.
- Apply your foundations in the humanities and sciences to professional nursing practice.
- Collaborate and communicate effectively to improve patient outcomes.
- Demonstrate professionalism consistent with standards of moral, ethical, & legal nursing practice.
- Utilize information management & technologies to provide safe, quality patient care.
- Integrate theory and research into evidence-based practice.
- Recognize that health care delivery and professional nursing practice occur within contexts of social, economic, and political environments.
- Promote health and healthy behaviors through collaborative population-focused interventions.

PLAN & PREPARE

At the U, we plan for our students to have an Exceptional Educational Experience identified by four broad categories we call the Learning Framework: Community, Knowledge & Skills, Transformation, and Impact. This major map will help you envision, explore, design, and plan your personalized Exceptional Educational Experience with the Learning Framework at the core. In addition to assisting you in planning your coursework and navigating the requirements of your major, this map will help you incorporate other kinds of experiences to expand your knowledge, support your development, and prepare you for the future you want.

GET STARTED TODAY

- Schedule an appointment with an advisor advising.utah.edu
- Visit ugs.utah.edu
- Learn more about the Learning Framework ugs.utah.edu/learning-framework

Community

Knowledge & Skills

Transformation

Impact

HEALTH UNIVERSITY OF UTAH

10 South 2000 East
Salt Lake City, UT 84112
nursing.utah.edu

THE UNIVERSITY OF UTAH
EXCEPTIONAL EDUCATIONAL EXPERIENCE
The Office of Undergraduate Studies

PRE-NURSING

Use this map to explore, envision, design, and plan your Exceptional Educational Experience.

	GETTING STARTED	MAKING PROGRESS		FINISHING UP
COURSES	- Begin taking prerequisites: • CHEM 1130 - Integration Chemistry for Health Sciences, • NURS 2100 - Human Development: A Lifespan Approach to Health Nursing • BIOL 1610 - Fundamental Principles of Biology I - Take the appropriate math and writing courses for your level	- Explore double majors and minors - Use My Degree Dashboard to track progress on Gen Ed & prerequisite coursework	- Continue prerequisite courses: • BIOL 2325 - Human Anatomy, • MATH 1070 - Intro to Statistical Inference, • BIOL 2420 - Human Physiology, • PATH 3100 - Intro to Medical Microbiology, • NURS 3010 - Nutrition Intervention • NURS 2270 - Pathophysiology	- Complete the nine prerequisites with a cumulative 3.0 GPA - Apply for the Prelicensure Track in Nursing to obtain a BS in Nursing
COMMUNITY	- Join the Pre-Nursing Club to learn about volunteering and various career paths - Join the Health Professions LEAP or Medical Humanities Block U learning communities	- Explore ways to get involved via PlazaFest, the Get Involved Fair, & asuu.utah.edu - Get to know the students in your classes, form study groups, & volunteer together	- Follow the College of Nursing on Instagram @uofunursing - Start consistently volunteering; options include Student Directed Programs through the Bennion Center, the Fourth Street Clinic, & the U of U Hospital	- Explore the UOnline RN-BS program as an alternative pathway to your career - Research and apply to other nursing schools while completing your U of U application
KNOWLEDGE AND SKILLS	- Consistently check nursing.utah.edu for updated admissions requirements - Become familiar with academic resources like the Writing Center, the Math Lab, & the Learning Center	- Attend a College of Nursing[1] undergraduate information session - Try job shadowing and conduct informational interviews with working nurses - Consider becoming an Orientation Leader or University Ambassador on campus	- Identify and engage with an organization (on or off campus) for leadership experience - Pursue undergraduate research with UROP[2] - Declare a second major or minor if desired	- Present a project at the Undergraduate Research Symposium - Attend another CON information session before submitting an application to clarify any remaining questions
TRANSFORMATION	- Consider living on campus - Brainstorm a list of topics you care about - Attend a Learning Abroad 101 Session to begin the process of experiencing another culture	- Begin to refine your career plan, while considering a parallel plan - Organize study groups or facilitate group learning experiences with classmates	- Take on a leadership role in a club - Attend a social or cultural event you have never experienced before (e.g. sports, museums, concerts, theatre productions, etc.) with the Arts Pass & other UCard benefits	- Create a parallel plan; what will you do if you don't get in the first time you apply?
IMPACT	- Develop independence and confidence - Nurses must be able to work independently and efficiently; often solving problems, making decisions, & advocating for patients on their own	- Begin to refine your career plan, while considering a parallel plan - Organize study groups or facilitate group learning experiences with classmates	- Apply for an Alternative Spring or Fall Break - Identify a community or topic where you want to make an impact	- Mentor other students in student organizations, volunteering spaces, or the Pre-Nursing Club
CAREER	- Draft a resume - Meet with the PPA[3] office if you're still exploring healthcare career options - Consider becoming a Medical Assistant or Certified Nursing Assistant	- Go to the Career and Professional Development Center to identify and learn about your strengths, personality, learning style, & values	- Refine your resume with the help of a Career Coach - Create a LinkedIn profile	- Prepare for the CON Prelicensure program application process by practicing interviews and writing skills with a Career Coach - Refine skills for video interviewing

WHERE CAN I GO AFTER GRADUATION?

- Adult-Gerontology Acute Care Nurse Practitioner
- Adult-Gerontology Primary Care Nurse Practitioner
- Ambulatory Care Nurse
- Burn Care Nurse
- Certified Nurse Midwife
- Charge Nurse
- Chief Nursing Officer
- Director of Nursing
- Emergency Room Nurse
- Healthcare Administrator
- Health Policy Nurse
- Home Health Nurse
- ICU Nurse
- Family Nurse Practitioner
- Flight Nurse
- Forensic Nurse
- Labor and Delivery Nurse
- Legal Nurse Consultant
- Neonatal Nurse Practitioner
- NICU Nurse
- Nurse Advocate
- Nurse Care Coordinator
- Nurse Executive
- Nurse Manager
- Operating Room Nurse
- Pediatric Nurse Practitioner
- Psychiatric/Mental Health Nurse Practitioner
- Transplant Nurse
- Travel Nurse
- Women's Health Nurse Practitioner